

SDUHSD's Tobacco-Use Prevention Education (TUPE) Program

<https://www.sduhsd.net/Parents--Students/Student-Support--Wellness/Tobacco-Use-Prevention-Education-TUPE-Program/index.html>

District Program Goals:

- Motivate students against drug use
- Provide skills and strategies to resist drugs
- Establish new non-use attitudes and beliefs
- To increase awareness of short- and long-term effects of tobacco use
- To understand the addictive nature of nicotine
- To increase awareness of the risk for becoming victims of tobacco use
- To identify the individual best ways to quit using tobacco

Sample Text:

CERTIFIED TOBACCO-FREE SCHOOLS



A tobacco-free school prohibits all tobacco use anytime, anywhere by anyone on all school property, and at all school-sponsored events.

